CLAIMS:

- 1. A fitment for attachment to a container for holding and dispensing a fluid, the fitment comprising:
 - a generally cylindrical spout having an external surface capable of mating with a collar of a dispensing connector;
 - a generally cylindrical external slider movable axially within said spout; and
 - a generally cylindrical internal slider movable axially within said external slider, said internal slider movable between a closed position operable to prevent the flow of fluid through the fitment and an open position operable to allow the flow of fluid through the fitment, the internal slider being adapted to be moved between said closed and open positions by insertion of a dispensing connector into said external slider adjacent said internal slider, said internal slider being biased towards said closed position.
- 2. The fitment according to claim 1, wherein the internal slider is biased towards said closed position by said external slider.
- 3. A fitment for attachment to a container for holding and dispensing a fluid, the fitment comprising:
 - a generally cylindrical spout having an external surface capable of mating with a collar of a dispensing connector;
 - a first generally cylindrical external slider movable axially within said spout;
 - a second generally cylindrical internal slider movable axially within said external slider, said internal slider movable between a closed position operable to prevent the flow of fluid through the fitment and an open position operable to allow the flow of fluid through the fitment and out of the container, the internal slider being adapted to be moved between said closed and open positions by insertion of a dispensing connector into said external slider adjacent said internal slider; and

biasing means for resiliently biasing said internal slider towards said closed position.

- 4. The fitment according to claim 3, said first generally cylindrical slider having a series of apertures therein to allow the passage of fluid therethrough.
- 5. The fitment according to claim 3, wherein the biasing means comprises at least one projection located on one of the external slider and the internal slider, the at least one projection abutting against at least a portion of the other slider.
- 6. A double slider valve for use in a fitment having a spout, the fitment for attachment to a container for holding and dispensing a fluid, the double slider valve comprising:
 - a first generally cylindrical external slider movable axially within the spout; and
 - a generally cylindrical internal slider movable axially within said external slider and having a series of ports located therein to allow the passage of fluid therethrough, said internal slider movable between a closed position operable to prevent the flow of fluid through the fitment and an open position in which the apertures and the ports are aligned and define a passageway through which fluid can flow, the internal slider being adapted to be moved between said closed and open positions by insertion of a dispensing connector into said external slider adjacent said internal slider; and

biasing means for resiliently biasing said internal slider towards said closed position.

7. The valve according to claim 6, wherein the biasing means comprises at least one

projection located on one of the external slider and the internal slider, the at least one projection abutting against at least a portion of the other slider.

8. A fitment for attachment to a container for holding and dispensing a fluid, the fitment comprising:

a spout having an external surface capable of mating with a collar of a dispensing connector and defining a fluid passageway therethrough;

an external slider movable axially within said fluid passageway; and an internal slider movable axially within said external slider, said internal slider movable between a closed position operable to prevent the flow of fluid through the passageway and an open position operable to allow the flow of fluid through the passageway, the internal slider being adapted to be moved between said closed and open positions by insertion of a dispensing connector into said external slider adjacent said internal slider; and

at least one of the external slider and the internal slider having biasing means located thereon to bias the internal slider and the external slider into the closed position.

- 9. A fitment according to claim 8, wherein the biasing means comprises at least one projection located on one of the external slider and the internal slider, the at least one projection abutting against at least a portion of the other slider.
- 10. A container for holding and dispensing fluid comprising:

a fitment attached to a wall of said container, forming an outlet for the container extending from the fluid storage space within the container;

an external slider complementarily shaped to said fluid passage and carried therein, the slider being axially movable with respect to the fluid passage; and

a second internal slider complementarily shaped to said external slider and carried therein, said internal slider movable axially within said external slider between a closed position operable to prevent the fluid from flowing through the fitment and an open position operable to allow fluid to flow through the fitment and out of the container, the internal slider being biased towards said closed position.

11. A container according to claim 10 wherein the internal slider is biased towards said closed position by said external slider.